

JANUARY 2026

[illegible]

FEBRUARY 2026

Lyme Regis																																			
February 2026 (UT 0:00)/(UT + 1:00)																																			
01 Sun	06:09 11:52 18:38	4.0m 1.0m 3.8m	02 Mon	00:02 06:53 12:30 19:18	0.9m 4.2m 0.7m 3.9m	03 Tue	00:36 07:24 12:34 19:18	0.8m 3.3m 1.6m 4.1m	04 Wed	01:18 08:08 13:41 20:29	0.7m 4.4m 0.5m 4.1m	05 Thu	01:52 08:42 14:15 21:03	0.7m 4.3m 0.6m 4.0m	06 Fri	02:26 09:15 14:49 21:36	0.8m 4.2m 0.8m 3.9m	07 Sat	03:01 09:47 15:23 22:07	0.9m 4.0m 1.0m 3.7m	08 Sun	03:36 10:17 15:58 22:39	1.2m 3.7m 1.2m 3.5m	09 Mon	04:14 10:50 16:36 23:14	1.4m 3.5m 1.5m 3.3m	10 Tue	04:56 11:25 17:19 23:57	1.7m 3.2m 1.7m 3.1m	11 Wed	05:52 12:16 18:21	1.9m 2.9m 1.9m	12 Thu	01:12 07:35 14:01 20:13	2.9m 2.1m 2.7m 2.1m
13 Fri	03:15 09:47 16:10 21:59	2.9m 2.0m 2.8m 1.9m	14 Sat	04:41 10:45 17:08 22:50	3.1m 1.9m 3.0m 1.7m	15 Sun	05:33 11:28 18:00 23:29	3.4m 1.5m 3.3m 1.4m	16 Mon	06:11 11:56 18:34 23:58	3.7m 1.2m 3.6m 1.1m	17 Tue	06:00 11:00 18:01	3.0m 1.6m 4.2m	18 Wed	00:27 07:15 12:49 19:35	0.9m 4.2m 0.7m 4.0m	19 Thu	00:57 07:46 13:17 20:05	0.7m 4.4m 0.5m 4.2m	20 Fri	01:27 08:17 13:47 20:36	0.5m 4.4m 0.5m 4.2m	21 Sat	01:59 08:50 14:21 21:11	0.5m 4.4m 0.5m 4.2m	22 Sun	02:36 09:26 14:58 21:48	0.6m 4.2m 0.7m 4.1m	23 Mon	03:17 10:05 15:39 22:28	0.8m 4.0m 0.9m 3.8m	24 Tue	04:03 10:48 16:29 23:17	1.1m 3.7m 1.2m 3.6m
25 Wed	05:04 11:42 17:31	1.5m 3.3m 1.6m	26 Thu	00:21 06:31 13:08 19:09	3.3m 1.8m 3.0m 1.8m	27 Fri	02:10 08:40 15:20 21:10	3.1m 1.8m 2.9m 1.8m	28 Sat	03:56 10:03 16:41 22:24	3.2m 1.7m 3.2m 1.6m																								

MARCH 2026

Lyme Regis																																			
March 2026 (UT 0:00)/(UT +1:00)																																			
01	05:13	3.6m	02	06:01	3.9m	03	05:58	3.0m	04	00:24	0.8m	05	00:55	0.6m	06	01:26	0.6m	07	01:55	0.7m	08	02:26	0.8m	09	02:58	1.0m	10	03:31	1.3m	11	04:10	1.6m	12	04:59	1.8m
Sun	11:06	1.3m	Mon	11:42	1.0m	Tue	10:57	1.6m	Wed	07:13	4.3m	Thu	07:44	4.3m	Fri	08:14	4.3m	Sat	08:43	4.2m	Sun	09:11	4.0m	Mon	09:39	3.8m	Tue	10:07	3.5m	Wed	10:39	3.2m	Thu	11:21	2.9m
	17:47	3.5m		18:28	3.8m		17:53	4.3m		12:44	0.6m		13:14	0.5m		13:43	0.6m		14:12	0.7m		14:42	0.9m		15:13	1.1m		15:46	1.4m		16:23	1.7m		17:14	1.9m
	23:15	1.3m		23:51	1.0m					19:32	4.1m		20:03	4.2m		20:31	4.2m		20:59	4.1m		21:27	3.9m		21:56	3.7m		22:25	3.4m		23:01	3.2m			
13	00:02	3.0m	14	02:08	2.9m	15	04:06	3.1m	16	05:01	3.4m	17	05:41	3.7m	18	06:15	4.0m	19	06:48	4.3m	20	00:30	0.5m	21	01:03	0.4m	22	01:37	0.4m	23	02:16	0.5m	24	02:59	0.8m
Fri	06:30	2.1m	Sat	09:07	2.0m	Sun	10:23	1.8m	Mon	10:57	1.4m	Tue	11:24	1.1m	Wed	11:50	0.8m	Thu	12:18	0.5m	Fri	07:20	4.4m	Sat	07:53	4.5m	Sun	08:28	4.4m	Mon	09:06	4.2m	Tue	09:47	3.9m
	12:55	2.7m		15:42	2.7m		16:51	3.0m		17:33	3.4m		18:06	3.7m		18:37	4.0m		19:07	4.2m		12:48	0.4m		13:20	0.3m		13:56	0.4m		14:35	0.6m		15:18	1.0m
	18:58	2.1m		21:27	2.0m		22:25	1.8m		23:01	1.4m		23:30	1.1m		23:59	0.8m					19:39	4.4m		20:11	4.4m		20:48	4.4m		21:27	4.2m		22:09	3.9m
25	03:50	1.2m	26	04:56	1.5m	27	00:07	3.3m	28	02:07	3.1m	29	04:53	3.3m	30	05:57	3.5m	31	06:40	3.8m															
Wed	10:33	3.5m	Thu	11:32	3.1m	Fri	06:31	1.8m	Sat	08:44	1.8m	Sun	11:04	1.5m	Mon	11:48	1.3m	Tue	12:21	1.0m															
	16:10	1.3m		17:16	1.7m		13:13	2.9m		15:27	2.9m		17:44	3.2m		18:30	3.5m		19:06	3.8m															
	22:59	3.6m					19:08	2.0m		21:10	1.9m		23:19	1.6m		23:59	1.3m																		

APRIL 2026

[illegible]

MAY 2026

Lyme Regis											
May 2026 (UT 0:00)/(UT +1:00)											
01 Fri	00:36 07:17 12:48 19:35	1.0m 3.9m 0.9m 4.0m	02 Sat	01:04 07:47 13:16 20:04	0.9m 3.9m 0.8m 4.1m	03 Sun	01:36 08:52 14:07 20:13	0.9m 3.3m 2.0m 3.6m	04 Mon	02:06 08:48 14:15 21:03	0.9m 3.8m 0.9m 4.0m
05 Tue	02:38 09:19 14:46 21:33	1.0m 3.7m 1.0m 3.9m	06 Wed	03:12 09:50 15:19 22:05	1.1m 3.6m 1.2m 3.8m	07 Thu	03:50 10:25 15:55 22:39	1.3m 3.4m 1.4m 3.6m	08 Fri	04:33 11:04 16:37 23:20	1.5m 3.2m 1.6m 3.4m
09 Sat	05:25 11:55 17:30	1.6m 3.0m 1.8m	10 Sun	00:15 06:34 13:07 18:46	3.3m 1.7m 2.9m 1.9m	11 Mon	01:31 07:51 14:33 20:20	3.2m 1.7m 3.1m 1.8m	12 Tue	02:58 09:14 15:56 21:34	3.2m 1.6m 3.1m 1.7m
13 Wed	04:13 10:11 16:56 22:31	3.4m 1.4m 3.4m 1.4m	14 Thu	05:12 10:56 17:45 23:16	3.6m 1.1m 3.7m 1.1m	15 Fri	06:01 11:36 18:28 23:58	3.8m 0.9m 4.0m 0.9m	16 Sat	06:37 11:53 18:34	3.5m 1.5m 4.1m
17 Sun	00:40 07:30 12:58 19:52	0.7m 4.1m 0.6m 4.4m	18 Mon	01:24 08:15 13:41 20:36	0.6m 4.1m 0.5m 4.4m	19 Tue	02:09 09:00 14:25 21:20	0.6m 4.1m 0.6m 4.3m	20 Wed	02:58 09:47 15:13 22:08	0.7m 3.9m 0.8m 4.2m
21 Thu	03:50 10:38 16:05 22:57	0.9m 3.7m 1.1m 3.9m	22 Fri	04:48 11:33 17:03 23:53	1.1m 3.4m 1.4m 3.7m	23 Sat	05:54 12:37 18:11	1.3m 3.3m 1.6m	24 Sun	00:58 07:05 13:51 19:35	3.5m 1.4m 3.3m 1.7m
25 Mon	02:12 08:25 15:12 20:54	3.3m 1.6m 3.1m 1.8m	26 Tue	03:30 09:35 16:20 22:01	3.3m 1.5m 3.3m 1.7m	27 Wed	04:34 10:28 17:12 22:53	3.3m 1.5m 3.4m 1.6m	28 Thu	05:25 11:11 17:55 23:35	3.4m 1.4m 3.5m 1.4m
29 Fri	06:09 11:48 18:33	3.5m 1.3m 3.7m	30 Sat	00:11 06:47 12:21 19:08	1.3m 3.6m 1.2m 3.8m	31 Sun	00:29 07:19 12:38 19:08	1.2m 3.2m 1.8m 3.7m			

JUNE 2026

Lyme Regis											
June 2026 (UT 0:00)/(UT +1:00)											
01 Mon	01:18 07:57 13:26 20:13	1.1m 3.6m 1.1m 3.9m	02 Tue	01:52 08:32 13:59 20:46	1.1m 3.6m 1.1m 3.9m	03 Wed	02:32 09:39 15:08 21:20	1.1m 3.4m 1.9m 3.5m	04 Thu	03:03 09:41 15:07 21:54	1.1m 3.5m 1.2m 3.8m
05 Fri	03:40 10:18 15:45 22:31	1.2m 3.4m 1.3m 3.7m	06 Sat	04:22 10:59 16:27 23:12	1.3m 3.3m 1.4m 3.6m	07 Sun	05:09 11:44 17:14 23:58	1.4m 3.3m 1.5m 3.5m	08 Mon	00:00 06:01 12:42 18:19	3.5m 1.4m 3.3m 1.6m
09 Tue	00:55 07:01 13:43 19:20	3.4m 1.5m 3.2m 1.7m	10 Wed	02:02 08:07 14:52 20:33	3.4m 1.5m 3.3m 1.6m	11 Thu	03:14 09:12 16:02 21:44	3.4m 1.4m 3.4m 1.5m	12 Fri	04:26 10:13 17:05 22:45	3.5m 1.2m 3.7m 1.3m
13 Sat	05:28 11:06 17:59 23:38	3.6m 1.1m 3.9m 1.1m	14 Sun	06:24 11:55 18:50	3.8m 0.9m 4.1m	15 Mon	00:12 07:05 12:27 19:16	0.8m 3.6m 1.2m 4.1m	16 Tue	01:16 08:06 13:31 20:27	0.7m 4.0m 0.7m 4.3m
17 Wed	02:05 08:55 14:19 21:14	0.7m 3.9m 0.7m 4.3m	18 Thu	02:54 09:44 15:08 22:02	0.7m 3.9m 0.8m 4.2m	19 Fri	03:44 10:33 15:58 22:49	0.8m 3.8m 1.0m 4.1m	20 Sat	04:35 11:22 16:48 23:37	1.0m 3.6m 1.2m 3.8m
21 Sun	05:29 12:17 17:50	1.1m 3.6m 1.4m	22 Mon	00:29 06:25 13:09 18:44	3.6m 1.3m 3.3m 1.6m	23 Tue	01:23 07:24 14:08 19:49	3.4m 1.5m 3.2m 1.8m	24 Wed	02:24 08:28 15:13 21:02	3.2m 1.6m 3.2m 1.8m
25 Thu	03:32 09:33 16:19 22:10	3.1m 1.6m 3.2m 1.8m	26 Fri	04:38 10:30 17:15 23:06	3.1m 1.6m 3.3m 1.7m	27 Sat	05:34 11:19 18:04 23:55	3.2m 1.5m 3.4m 1.6m	28 Sun	06:25 12:02 18:46	3.3m 1.4m 3.6m
29 Mon	00:07 06:33 11:54 18:45	1.3m 3.1m 1.6m 3.7m	30 Tue	01:10 07:46 13:14 20:01	1.3m 3.5m 1.2m 3.8m						

JULY 2026

Lyme Regis											
July 2026 (UT 0:00)/(UT + 1:00)											
01	01:44 Wed	1.2m	02	02:18 Thu	1.1m	03	02:51 Fri	1.0m	04	03:25 Sat	1.0m
	08:22	3.6m		08:57	3.6m		09:31	3.6m		10:06	3.6m
	13:48	1.2m		14:22	1.1m		14:55	1.1m		15:30	1.1m
	20:35	3.9m		21:09	4.0m		21:42	4.0m		22:17	4.0m
										22:53	3.9m
06	04:41 Mon	1.0m	07	05:21 Tue	1.2m	08	00:19 Wed	3.7m	09	01:15 Thu	3.5m
	11:26	3.6m		12:04	3.5m		06:11	1.3m		07:11	1.4m
	16:54	1.3m		17:35	1.4m		12:56	3.4m		13:59	3.4m
	23:36	3.8m					18:32	1.5m		19:43	1.6m
										21:05	1.6m
10	02:25 Fri	3.4m	11	03:45 Sat	3.3m	12	05:07 Sun	3.4m			
	08:22	1.5m		09:37	1.5m		10:48	1.3m			
	15:13	3.4m		16:32	3.5m		17:42	3.7m			
	21:05	1.6m		22:26	1.5m		23:31	1.2m			
13	06:14 Mon	3.5m	14	00:02 Tue	0.9m	15	01:12 Wed	0.8m	16	01:57 Thu	0.6m
	11:47	1.1m		06:38	3.4m		08:01	3.9m		08:47	4.0m
	18:41	4.0m		11:56	1.1m		13:25	0.8m		14:11	0.7m
				18:58	4.2m		20:19	4.3m		21:04	4.4m
										21:47	4.3m
17	02:41 Fri	0.6m	18	03:23 Sat	0.6m	19	04:07 Sun	0.8m	20	04:51 Mon	0.9m
	09:31	4.0m		10:13	4.0m		10:55	3.8m		11:41	3.7m
	14:54	0.7m		15:37	0.8m		16:20	1.0m		17:09	1.3m
	21:47	4.3m		22:29	4.2m		23:08	4.0m		23:51	3.7m
25	03:42 Sat	2.9m	26	05:09 Sun	2.9m	27	06:12 Mon	3.1m	28	00:28 Tue	1.5m
	09:45	1.9m		10:58	1.8m		11:50	1.6m		06:59	3.3m
	16:35	3.1m		17:42	3.2m		18:33	3.4m		12:30	1.5m
	22:46	1.9m		23:46	1.7m					19:13	3.7m
										18:56	3.9m
30	01:31 Thu	1.1m	31	02:00 Fri	0.9m						
	08:10	3.6m		08:42	3.8m						
	13:34	1.1m		14:05	1.0m						
	20:21	4.0m		20:53	4.1m						

AUGUST 2026

Lyme Regis											
August 2026 (UT 0:00)/(UT + 1:00)											
01	02:29 Sat	0.8m	02	02:58 Sun	0.8m	03	03:31 Mon	0.8m	04	04:06 Tue	0.8m
	09:13	3.8m		09:44	3.9m		10:16	3.9m		10:57	3.9m
	14:35	0.9m		15:06	0.9m		15:40	0.9m		16:22	1.1m
	21:23	4.2m		21:55	4.2m		22:28	4.1m		23:08	3.9m
										23:46	3.7m
06	05:29 Thu	1.2m	07	00:37 Fri	3.5m	08	01:45 Sat	3.2m	09	03:24 Sun	3.1m
	12:16	3.6m		06:27	1.4m		07:42	1.6m		09:19	1.7m
	17:55	1.4m		13:16	3.4m		14:37	3.3m		16:16	3.4m
				19:07	1.6m		20:45	1.7m		22:26	1.6m
										23:37	1.3m
10	05:05 Mon	3.2m	11	06:18 Tue	3.4m	12	06:20 Wed	3.1m			
	10:47	1.5m		11:49	1.3m		11:29	1.2m			
	17:39	3.6m		18:39	3.9m		18:34	4.3m			
	23:37	1.3m									
13	01:04 Thu	0.7m	14	01:42 Fri	0.6m	15	02:18 Sat	0.5m	16	02:54 Sun	0.5m
	07:53	3.9m		08:32	4.1m		09:08	4.2m		09:44	4.1m
	13:16	0.7m		13:54	0.6m		14:31	0.6m		15:08	0.6m
	20:08	4.3m		20:46	4.4m		21:22	4.4m		21:58	4.3m
										22:34	4.0m
17	03:32 Mon	0.6m	18	04:05 Tue	0.9m	19	04:43 Wed	1.1m	20	05:21 Thu	1.4m
	10:24	4.1m		10:52	3.8m		11:26	3.6m		12:01	3.4m
	15:47	0.9m		16:21	1.1m		17:01	1.4m		17:45	1.6m
	22:34	4.0m		23:04	3.8m		23:38	3.5m			
25	06:02 Tue	3.0m	26	00:12 Wed	1.5m	27	00:40 Thu	1.2m	28	00:38 Fri	0.9m
	11:38	1.7m		06:44	3.3m		07:18	3.6m		07:12	2.9m
	18:16	3.4m		12:14	1.5m		12:42	1.2m		12:09	1.6m
				18:54	3.7m		19:26	3.9m		19:01	4.1m
										20:26	4.3m
29	01:30 Sat	0.8m	30	01:57 Sun	0.6m	31	02:27 Mon	0.5m			
	08:16	4.0m		08:45	4.1m		09:15	4.2m			
	13:38	0.8m		14:07	0.6m		14:39	0.6m			
	20:26	4.3m		20:56	4.3m		21:28	4.3m			

SEPTEMBER 2026

Lyme Regis																																			
September 2026 (UT 0:00)/(UT +1:00)																																			
01 Tue	02:58	0.6m	02 Wed	03:32	0.7m	03 Thu	04:15	0.9m	04 Fri	04:57	1.2m	05 Sat	00:11	3.3m	06 Sun	01:26	3.0m	07 Mon	03:31	2.9m	08 Tue	05:14	3.1m	09 Wed	06:15	3.5m	10 Thu	00:13	1.0m	11 Fri	00:24	0.6m	12 Sat	01:19	0.5m
	09:47	4.1m		10:22	4.1m		11:08	3.8m		11:46	3.6m		05:57	1.5m		07:22	1.8m		09:23	1.8m		10:51	1.6m		11:44	1.3m		07:00	3.8m		07:11	3.0m		08:09	4.2m
	15:12	0.7m		15:51	0.8m		16:37	1.2m		17:31	1.4m		12:46	3.4m		14:21	3.2m		16:17	3.3m		17:37	3.5m		18:31	3.9m		12:24	1.0m		12:10	1.6m		13:32	0.6m
	22:01	4.2m		22:39	4.0m		23:20	3.7m					18:50	1.7m		20:50	1.8m		22:35	1.6m		23:33	1.3m					19:12	4.1m		18:56	4.2m		20:21	4.4m
13 Sun	01:51	0.5m	14 Mon	02:22	0.5m	15 Tue	02:54	0.6m	16 Wed	03:25	0.9m	17 Thu	03:57	1.1m	18 Fri	04:31	1.4m	19 Sat	05:10	1.7m	20 Sun	00:13	2.9m	21 Mon	01:55	2.7m	22 Tue	04:32	2.7m	23 Wed	05:35	3.0m	24 Thu	06:15	3.3m
	08:40	4.3m		09:11	4.2m		09:46	4.1m		10:11	3.9m		10:41	3.7m		11:12	3.5m		11:49	3.2m		06:04	2.0m		07:56	2.2m		10:13	2.1m		11:10	1.8m		11:44	1.5m
	14:04	0.5m		14:36	0.6m		15:11	0.9m		15:43	1.0m		16:19	1.3m		16:59	1.6m		17:52	1.9m		12:51	3.0m		15:03	2.9m		16:49	3.1m		17:43	3.4m		18:22	3.7m
	20:53	4.3m		21:24	4.2m		21:56	4.0m		22:25	3.8m		22:55	3.5m		23:27	3.2m					19:26	2.1m		21:58	2.0m		23:05	1.8m		23:40	1.5m			
25 Fri	00:06	1.2m	26 Sat	00:02	0.8m	27 Sun	00:57	0.6m	28 Mon	01:26	0.5m	29 Tue	01:58	0.4m	30 Wed	02:31	0.5m																		
	06:47	3.6m		06:46	2.9m		07:45	4.1m		08:15	4.3m		08:53	4.3m		09:22	4.3m																		
	12:13	1.2m		11:41	1.7m		13:08	0.6m		13:40	0.5m		14:15	0.6m		14:50	0.6m																		
	18:56	3.9m		18:26	4.1m		19:57	4.3m		20:29	4.4m		21:05	4.3m		21:40	4.2m																		

OCTOBER 2026

Lyme Regis																																			
October 2026 (UT 0:00)/(UT +1:00)																																			
01	03:08	0.6m	02	03:50	0.9m	03	04:39	1.3m	04	00:02	3.2m	05	01:31	2.9m	06	03:41	3.0m	07	05:07	3.2m	08	05:59	3.6m	09	06:38	3.8m	10	06:53	3.1m	11	00:54	0.6m	12	01:23	0.6m
Thu	10:00	4.2m	Fri	10:41	3.9m	Sat	11:29	3.6m	Sun	05:43	1.6m	Mon	07:21	1.9m	Tue	09:26	1.9m	Wed	10:42	1.6m	Thu	11:28	1.3m	Fri	12:04	1.0m	Sat	11:52	1.7m	Sun	07:43	4.2m	Mon	08:12	4.2m
	15:33	0.8m		16:21	1.1m		17:24	1.4m		12:34	3.3m		14:19	3.2m		16:12	3.3m		17:22	3.5m		18:11	3.8m		18:49	4.0m		18:29	4.0m		13:08	0.7m		13:38	0.6m
	22:20	3.9m		23:04	3.6m					18:51	1.7m		20:56	1.8m		22:25	1.5m		23:15	1.2m		23:51	1.0m						19:55	4.2m		20:25	4.2m		
13	01:53	0.6m	14	02:21	0.7m	15	02:52	0.9m	16	03:25	1.1m	17	03:59	1.4m	18	04:37	1.7m	19	05:30	1.9m	20	01:16	2.7m	21	03:28	2.8m	22	04:44	3.0m	23	05:30	3.3m	24	06:08	3.7m
Tue	08:45	4.2m	Wed	09:10	4.1m	Thu	09:40	4.0m	Fri	10:10	3.8m	Sat	10:41	3.5m	Sun	11:18	3.3m	Mon	12:14	3.1m	Tue	07:02	2.1m	Wed	09:10	2.1m	Thu	10:20	1.8m	Fri	11:03	1.5m	Sat	11:36	1.2m
	14:10	0.8m		14:40	0.8m		15:15	1.0m		15:51	1.3m		16:32	1.5m		17:25	1.8m		18:46	1.9m		13:56	2.9m		15:47	3.1m		16:53	3.3m		17:39	3.6m		18:18	3.9m
	20:55	4.0m		21:25	3.9m		21:56	3.7m		22:26	3.4m		23:00	3.2m		23:48	2.9m					20:47	2.0m		22:08	1.7m		22:52	1.5m		23:24	1.2m		23:54	0.9m
25	05:42	4.0m	26	06:13	3.3m	27	06:49	4.4m	28	00:33	0.4m	29	01:11	0.5m	30	01:52	0.7m	31	02:39	1.0m															
Sun	11:08	0.9m	Mon	11:21	1.7m	Tue	12:17	0.5m	Wed	07:30	4.4m	Thu	08:05	4.4m	Fri	08:46	4.2m	Sat	09:32	4.0m															
	17:55	4.1m		17:50	4.0m		19:07	4.3m		12:55	0.6m		13:37	0.6m		14:24	0.8m		15:19	1.1m															
	23:24	0.7m		23:52	0.5m					19:45	4.2m		20:26	4.0m		21:11	3.8m		22:03	3.5m															

NOVEMBER 2026

[illegible]

DECEMBER 2026

[illegible]